



Game Play Rules

SLIDING

- Slide tackling is NOT PERMITTED (contact with another player when sliding to challenge for the ball)
 - A player will be called for sliding any time they intentionally leave their feet to play the ball when challenging an opponent and contact or near contact is made.
- Goalkeepers inside the penalty area are **ALLOWED to slide** and use their body to make a save or get control of the ball in ways that are permissible by FIFA rules.
- Goalkeepers outside the penalty area are **NOT ALLOWED to slide**.

OPEN FIELD

FIFA Outdoor Rules Apply with the following exceptions:

- Goalkeepers are NOT permitted to punt the ball back into play. (U8's and U10's exempt from rule)
- Goal kicks and throws from the goalkeeper **MAY EXCEED** the midfield line.
- No Slide Tackling
- Co-ed Play: 2 Females must be on field at all times

DASHER FIELDS

US Indoor Soccer Rules Apply with the following exceptions:

- Throw-ins **MAY NOT EXCEED** three lines without bouncing or touching another player shall result in a Direct Free Kick taken from the red dot on the first line the ball crossed.
 - All goalkeeper distributions are thrown from within the penalty area. (U8's - U10's exempt from rule as they may drop kick or punt from the penalty area.)
 - Opposing players must be at least 5 yards (15 feet) from the penalty area.
- Free kicks or kicks crossing over three lines without bouncing or touching another player shall result in a Free Kick taken from the red dot on the first line the ball crossed.
- CORNER KICKS will be awarded when the ball, last touched by a defender, hits the netting behind the goal between the yellow lines on netting.
- Balls hitting the side netting will be restarted with a Free Kick taken from where the ball hits the netting. (U8's - U10's exempt from rule; play continues)
- Co-ed Play: 2 Females must be on field at all times
- Balls hitting the ceiling will result in a two minute penalty for that player
 - A deflected ball hitting the ceiling shall not be penalized.
 - Restart will be a free kick taken by the opposing team from a location directly below the point of contact. – Direct